

CYCLING ALONG THE UMBRIA VALLEY CYCLE PATH BETWEEN TREVI AND SPOLETO

Starting and finishing point: Borgo Trevi

Distance: 28.5 km.

Total ascent: 250 metres

Grade: easy

Road surface: asphalt

Recommended type of bike: road, hybrid or MTB

Places to visit in the area: Trevi, Pissignano, Fonti del Clitunno, Campello sul Clitunno.

- KM 0 Starting point: **Trevi-Borgo Trevi** train station. Cycle **right** from the station, towards the **Via Flaminia**.
- KM 0.4 At the junction, turn **right** into Via Fuastana.
- KM 0.8 Turn **right** towards Rome and Spoleto.
- KM 1.2 Just past the railway bridge, turn **right** into Via Clitunno.
- KM 2.5 Turn **left** into the “ZTL” traffic-free road just before the River Maroggia.
- KM 4.4 At the junction, carry **straight on**.
- KM 6 Turn **right**, cross the bridge over the Maroggia and turn **left**.
- KM 7 Carry **straight on**.
- KM 8 Carry **straight on** again.
- KM 8.5 Keep to the **left**.
- KM 8.7 Follow the road to your **right**.
- KM 11 At the junction turn **left** and then **right**, and ride onto the *cycle path*.
- KM 15 At the junction with the SP451 turn **right** and ride towards **San Venanzo**.
- KM 15.4 Turn **right** towards **Protte** and **San Giacomo**.
- KM 18 **Protte:** carry on to the **left** towards **Beroide**.
- KM 21.7 At the junction turn **left** and then **right**, towards **Borgo Trevi**.
- KM 25.5 At the junction keep to the **right**, and past the bridge over the **Maroggia**, ride **straight on** back towards Borgo Trevi along the same road you took leaving the town.
- KM 27 At the junction turn **left** towards **Trevi**, and just past the railway bridge turn **left** towards the station.
- KM 28 Turn **left** and ride back to the station.
- KM 28.5 Train station: end of ride.