

THE FARMS AND ESTATES OF THE TIBER VALLEY

Starting and finishing point: Umbertide

Distance: 30 km.

Total ascent: 300 metres

Grade: easy

Road surface: asphalt

Recommended type of bike: road or hybrid

Places to visit in the area: Umbertide, Pierantonio, the River Tiber, the Montecorona Estate, Pieve San Quirico.

- KM 0 Starting from **Umbertide's** Piazza Mazzini, cycle out of the town in the direction of **Perugia**.
- KM 0.8 Follow the main road running alongside **the** railway track, and after 800 metres take the cycle path running parallel to the main road.
- KM 4 Junction with the main SS219 road to **Gubbio**: turn **right** towards **Pierantonio**.
- KM 6.5 **Pierantonio**. Carry **straight on** along the main road towards Perugia.
- KM 8.5 **Sant'Orfeto della Cinella**. Continue **straight on**.
- KM 11 **Tavernacce**. Continue **straight on**.
- KM 12.5 Cycle through **Solfagnano-Parlesca**. Continue **straight on**.
- KM 13.8 Turn **right** off the main road and head towards **La Bruna** and **San Quirico**.
- KM 14.7 Bridge over the **Tiber**.
- KM 18 **La Bruna**.
- KM 21.2 Junction with the SP169. Turn **right** towards the Api petrol station.
- KM 21.6 Turn **left** off the SP169 before the bridge over the Tiber.
- KM 25 *Monte Corona Abbey* junction.
- KM 26 In the hamlet of **Badia**, keep to the right and when you reach the Perugia-Rome junction, carry **straight on** along the SP170 and past **Podere Santa Beatrice Guardengo**.
- KM 29.3 Junction with the SS3Bis: turn **right** towards **Umbertide**.
- KM 29.5 Just past the bridge over the **River Tiber**, turn **left** towards Montone: a few yards further on and you will be back at the starting point of this particular route.
- KM 30 **Piazza Mazzini**, end of route.