

THE HILLS BETWEEN LAKE TRASIMENO AND TUSCANY

Starting and finishing point: Castiglione del Lago

Distance: 34 km.

Total ascent: 400 metres

Grade: easy

Road surface: asphalt

Recommended type of bike: road, hybrid or MTB

Places to visit in the area: Castiglione del Lago, Lake Trasimeno

- Km 0 Starting from Castiglione swimming pool, cycle towards the town centre.
- KM 0.4 At the first junction, turn **left** and follow the cycle path along the lake.
- KM 1.3 Go **straight on** along the cycle path.
- KM 3 At the roundabout, go straight on towards **Gioiella** and **Pozzuolo**. At the following junctions, go **straight on** along provincial road SP300, following signs to the international motorcross track (*crossdromo internazionale*).
- KM 8 Turn **right** towards Casamaggiore.
- KM 9.8 At the junction with provincial road SP301, turn **left** towards **Gioiella**.
- KM 11.5 At the junction, turn **left** and follow the signpost to **Gioiella** once again.
- KM 11.9 Beginning of the climb up to **Gioiella**.
- KM 12.2 Gioiella, end of climb. At the junction, turn **right** towards **Villastrada**.
- KM 13.5 Continue **straight on** towards **Vaiano** and **Villastrada**.
- KM 17 **Vaiano**.
- KM 18.5 Continue towards **Villastrada**. At this point you are cycling along the *Trasimeno Hills Wine Road*.
- KM 19 **Villastrada**.
- KM 21.5 At the end of the descent, turn **left** towards **Castiglione del Lago** and then ride **straight on** until you get to **San Fatucchio**.
- KM 25.5 **San Fatucchio**. Carry **straight on** towards **Castiglione del Lago**.
- KM 28.5 At the junction with the main road SS71, turn **left** towards **Castiglione del Lago**. **WARNING:** busy road.
- KM 31 **Castiglione del Lago** sports centre: end of ride.
- KM 34 At the roundabout, turn **right** and return back along the route you took leaving the town.