

THE HILLY TERRAIN BETWEEN THE NESTORE VALLEY AND MONTE PEGLIA

Starting and finishing point: Marsciano

Distance: 94 km.

Total ascent: 1,600 metres

Grade: difficult

Road surface: asphalt

Recommended type of bike: road

Places to visit in the area: Marsciano, Compignano, Montegabbione, Montegiove, Monte Peglia.

- KM 0 Starting point: the sports ground in **Marsciano**. Ride out of town in the direction of **San Venanzo**, past the cycle track, and at the first junction, bear **right**.
- KM 1.2 Bear **right** at the junction, in the direction of **Perugia**, and then 300 metres further on turn **left** towards **Migliano** and **Morcella**.
- KM 5.3 At the turning for **Morcella**, bear left towards **Migliano**.
- KM 11 Turn **right** towards **Mercatello**. End of climb.
- KM 13 *Old brickworks at Campignano:* carry **straight on** towards **Mercatello**, although you may wish to take a 2 km. deviation to visit the ancient village of **Compignano**.
- KM 18 Go over the crossroads towards **Spina**.
- KM 19.2 **Spina:** carry **straight on** towards **Perugia**, and at the next junction with the SP340, bear **right**. End of climb.
- KM 21 At the **Perugia** turning, carry **straight on** along the SP340.
- KM 30 At the junction with the SS220, bear **left** towards **Tavernelle**: *caution – busy road.*
- KM 33.2 Turn **left** towards Oro. At the next turning, bear **right** towards **Oro**, and 150 metres further on, turn **right** again onto a minor road.
- KM 36.2 Turn **right** and ride across the bridge over the **River Nestore**. At the next 2 roundabouts bear **left**, and then carry **straight on** towards **Piegaro**.
- KM 43 **Piegaro** turning: turn **left** towards **Piegaro**. Start of climb.
- KM 47.3 Bear **right** towards **Monteleone di Orvieto**.
- KM 52 **Monteleone di Orvieto:** turn **left** towards **Montegabbione**.
- KM 56 **Montegabbione:** turn **left** onto the SP57 in the direction of **Montegiove**.
- KM 65 *La Scarsuola Convent.*
- KM 76.5 Turn **right** towards **San Venanzo** and **Marsciano**.
- KM 78 At the junction with the SS317, turn **left** towards **San Venanzo**.
- KM 93 **Marsciano:** turn **right** towards the cycle way, and then at the next junction turn **left** in the direction of the cycle way once again.
- KM 94 Sports ground: end of ride.